**Title Title Title Title Title Title Title Title Title Title Title**

1Last Name, First Name; 2Ramli AA; 1Ng PK; 2Thiruselva M; 1Fernandez R

1Department, Institute, Street Address, City, Country,

2Department, Institute, Street Address, City, Country.

**BACKGROUND:**

*Type over this: State the primary objectives of the study, including the main research questions, aims or theory being tested.*

**METHODS:**

Type over this*: Quantitative studies should include design, participants (including number of participants), measures and analysis; qualitative studies should include design, participants, methods of data collection and analysis, e.g. thematic analysis, discourse analysis, interpretative phenomenological analysis.*

**FINDINGS**

Type over this: *Quantitative studies should include a summary of the results (accompanied by important statistical information); qualitative studies should include a description of the main findings such as the themes or categories generated. Note: it is not acceptable to state “findings will be presented later”.*

**Discussion:**

Type over this*: Conclusions and/or some discussion of the possible contribution to, or implications for, health psychology and other relevant contexts.*